

Overview: Congratulations on being a key part of the third annual **Bradford Dragon Boat Festival**. Forty two teams will compete over a series of races throughout the day to see which teams will go through to the final, where the winner of will be declared **Dragon Boat Champions of Bradford 2017**. Funds raised from this event will go to the Lord Mayor's two chosen charities: **Down Syndrome Training and Support Services** and the **Wishing Well Appeal**.

Venue: The event venue will be held at [Roberts Park](#), Higher Coach Road, Baildon. **BD17 5RH. 09:30 ... 18:30**



- A one way system starts at Green Lane (the road that leads in off Otley Road).
- It progresses up Coach Road and turns off after the shops by Robert Park onto Thomas Lane (this is a right hand turn after the shops, which are opposite the entrance to Roberts Park).
- **Free parking** will be available on the fields that run alongside the river Aire.
- Access is at Baildon Rec, just off Green Lane.
- Access closer to Roberts Park is accessed via Aire Way (entrance) which is a left hand turn off Coach Road.– The exit is next road up, this is Tennis Way.
- Drop off point is the quadrant (Higher Coach Road) outside the Main Gates to Roberts Park.
- **Disabled parking** will be in the Quadrant (limited spaces only).
- **No Parking is allowed outside: Roberts Park, Higher Coach Road, Coach Road, Green Lane, Thomas Lane, or any of the side roads, particularly Aire Way and Tennis Way.**

Public Transport: All competitors are requested to use **public transport where possible** as parking will be limited.
Bus numbers 626 and 624 stop just outside Roberts Park on Coach Road. Bus number 660 stops in Saltaire on the other side of the river from the park (a 5 minute walk away). Walk down Victoria Road towards Salts Mill.
Rail: Saltaire train station is just across the river from Roberts Park. Turn left downhill out of the station and follow the footbridge across the river. Trains stop in Saltaire from Leeds and from Bradford.
 For bus or train timetable information contact Metro on 0113 2457676 or www.wymetro.com

Registration: Registration will be located at "Register Here" pod (the last two bays at the riverside end of the marquee village) and will open at 08:25. To help with both the registration process and the photo-shoot, we just need **ONE TEAM MEMBER** only to come to registration with the team's paperwork to register their team whilst the remainder to all proceed to the photo-shoot area. In each case, you are asked to be at you respective areas at least than **5 minutes** before the times below in order to maintain a frictionless process.

Registration as long as you are organised, will be a quick process. What we will need from the registrant is:

1. **Confirmation you have 13 or more team members on site and ready to go**
2. Your completed team **Participant Consent** form
3. Completed **Waiver** forms (either Youth? or Disabled?)
4. Your **team information** sheet (assuming you want us to read out info about your team)

All forms available for download from: <http://www.bradforddragonboatfestival.co.uk/forms>

IMPORTANT: *Please do not try to register if you are cannot satisfy points 1 or 2* as for safety reasons, you will just be sent away until you have these. Please also, allow yourself at least 30 mins to park and / or arrive on site.

RACE NUMBER	Registration time	Team photo-shoot time
Race 01	08:30	08:36 - 08:42
Race 02	08:36	08:42 - 08:48
Race 03	08:42	08:48 - 08:54
Race 04	08:48	08:54 - 09:00
Race 05	08:54	09:00 - 09:06
Race 06	09:00	09:06 - 09:12
Race 07	09:06	09:12 - 09:18
Race 08	09:12	09:18 - 09:24
Race 09	09:18	09:24 - 09:30
Race 10	09:24	09:30 - 09:36
Race 11	09:30	09:36 - 09:42
Race 12	09:36	09:42 - 09:48
Race 13	09:42	09:48 - 09:54
Race 14	09:48	09:54 - 10:00

Photo-shoot: In order to get the best team picture, we will be forming you into three lines for your team photo-shoot:

1. The front line will usually consist of five people who will be kneeling and very close together (no gaps)
2. The second row will be the shorter people, who need to touch shoulders and also stand right up against the front row so that there are no gaps either in front of or either side of each other
3. The third row will comprise the taller team members, who need to have their heads in the shoulder gaps in the second row. (Back row, if you don't look through your own row 2 head gap, you may not be in the picture)

If you have a team banner or mascot you are welcome to include it, however please remember that all photo shoots still have to fit into the allocated time slot. Team pictures are planned for posting on the website from Tuesday 26th May onwards. Regrettably, any team member who is late arriving will miss the team photo shoot.



Team photo-shoot example

Race Format: After the opening ceremony, the first three teams will be called up for safety briefings. For the day's race program to work smoothly, we use a computerised system that ensures:

1. You do not race against the same team twice
2. You do not race in the same lane twice
3. The time interval between your races are as even as possible

There are also a number of Challenge Races (head-to-head's) built into Round 3.

Late Arrivals: So that your whole day to runs smoothly, if there are people in your team who are either late or not on site when your team is called up to be briefed / race, you will either have to race without them or (if there are insufficient numbers to race with), miss that race altogether. No refunds will be given to anyone who misses their race - and no safety briefings or late entries will be permitted once race 15 (start of Round 2) has been called.

Safety:

1. A full safety briefing will be given to each team prior to the start of round one and **all** team members who intend paddling during the day will need to be briefed (late arrivals are allowed to attend another team's briefing).
2. At the end of the briefing you will be given a "Race The Dragon" safety band, which shows you have attended and understood the safety briefing and what was said. Only people wearing these safety bands will be allowed into the dragon boats, so do not lose / remove your band otherwise you will have to undergo another complete safety briefing (if a trained member of the RTD team is available to brief) or find yourself excluded from further participation in the races.
3. Everybody in a dragon boat is required to wear one of the buoyancy aids provided.
4. There will be a safety boat on standby take control of the rescue process in case of a capsized.
5. Capsizes, whilst possible are quite infrequent as dragon boats are actually quite stable. The crews most vulnerable to capsizing are either heavy crews ... or teams that do not pay attention during their briefing!

Capsizes: Owing to the limited water space available, NO re-runs will be possible. Any crews capsizing will therefore be DNF'd (did not finish).

Team numbers: Each boat will hold a maximum of 17 people (1 drummer, plus 16 paddlers) although you can have less. Each boat will also have a qualified helm provided by Race the Dragon Ltd. There is a maximum of 20 people that can register for each team. If you are a heavy crew and feel it would be to your advantage to have less people in the boat, the dragon boats will go just as well with as little as 12 paddlers in it. You must always have a drummer in the boat (who can be borrowed from another team).

Course length: The course length is an accurate 200m from start to finish and left to right. It also takes into account the slight bend on the river and has been measured using a GPS that is accurate to less than 1cm across the entire course.

Event Control: The event will be controlled from the Race the Dragon Ltd. event control marquee located towards the middle, river side of the lower field in Roberts Park.

Race Format:	Each team will get a minimum of three timed races with the <u>single fastest time only</u> being used for qualification into the final round. So don't worry if you make a hash of one (or two) races because one good time is all you need. In the final round, it is a dramatic and exciting race to the finish.
Clothing, Footwear, Personal Safety:	<p>Paddling is best done in lightweight clothing appropriate for the weather. On cool days, multiple layers of lightweight clothing are far better than a thick jumper or similar. Footwear needs to be water suitable, so Crocs, Soggs, sandals or just old trainers you don't mind them getting wet.</p> <p>No: Bare feet, boots or high heels. Please remember that UV levels are high this time of year and that UV will reflect off water, making it possible to burn even on a cloudy day. Please make sure you wear sun cream and have hats.</p>
Race Order:	A complete Race Order will be sent out on Wednesday.
First Aid:	There will be St John Ambulance First Aiders on site. Additionally, key 'Race The Dragon' staff members are First Aid trained.
On-site Vehicle Management	Traffic movement on site during event times will be restricted to emergency vehicles <u>only</u> . Vehicle movement will not be allowed in the park whilst the event is in progress except in an emergency situation necessitating access by the emergency services. All vehicles accessing the site i.e. food traders, contractors, production staff, will be identified by event passes that are recognisable to the stewards. CBMDC Markets services are to issue these permits. All vehicles must keep to the pathways and stay off the grassed areas.
Land Activities:	Attractions will include children's play equipment, stalls, beverage and food vendors, workshop for the children, Army assault courses, children face painting, live performances, brass bands, local music acts, magicians, balloons and our big screens - (one at Roberts Park and the other, the City Screen on Bradford City centre which will be linked to Roberts Park via a microwave link up).
Food & Drink:	There will be many food & drink outlets on site, but if people wish to bring food for personal consumption they can do. Plastic containers only please and No glass receptacles please for obvious reasons.
BBQ's	Owing to the number of people on site during the day, BBQ's are not permitted.
Alcohol:	There will be vendors on site where you can buy alcoholic drinks for your own consumption. Participants will not be permitted to bring their own alcohol into the Participants Village but may bring into that area, any alcohol that they have purchased onsite from one of the beverage vendors provided. The bringing in crates and bottles etc purchased offsite into this area will not be allowed.
(Competitors)	<p>Whilst we don't wish to prevent anyone from enjoying themselves, we would respectfully remind people that for safety purposes, alcohol and water don't mix and would therefore ask that any drinking be kept in moderation.</p> <p>In the interests of safety, should any crew member (or team) that in the opinion of a staff member from Race the Dragon Ltd. be over the safe alcohol limit, that team member (or team) will be refused without refund, further participation in the event. In the event of an appeal the decision of the Chief Marshal will be final.</p>
Personal kit:	Neither the organisers of the festival or Race The Dragon Ltd. are responsible for personal belonging or possessions. Please ensure your team's make adequate provision for the safety of your own valuables.
Litter:	You can place the bin bags in the wire baskets that will be provided on site. As Bradford City Council are recycling the rubbish, it is requested all bin bags are either clear or translucent so as to see what's inside them.
Tactics:	<p><u>Listen to your helm!</u> They are all experienced in the ways of dragon boating and are there to help you. We can't guarantee you will always have the same helm!</p> <p>The secret to dragon boating is team rhythm and timing. If everyone works in sync together, then you will achieve good times. Be warned, it only takes one or two people in the boat to get out of time and stop paddling for the whole boat to slow right down.</p>
Fun:	Have fun! You are about to take part in the UK's fastest growing water sport and we have a great day planned for you. Mere words cannot convey the atmosphere, the fun, the excitement and energy of the festival you are about to take part in. All we can promise you is ... you are going to have a great day out and should be justifiably proud of the money you have helped raise for the Lord Mayor's Charity through your participation in the Bradford Dragon Boat Festival.

Race Times:

08:25	Registration open. Team photo-shoot open.
09:30	Festival opens with an introduction by the Lord Mayor
09:33	First teams called up for briefings
10:00	Registration closes (team photo-shoot closes 10:10)
10:00	Start of Race 1.
12:20	Start of Race 2.
14:05	Start of Race 3.
16:00	Minor Final (team's ranked 4th, 5th & 6th, based on single fastest time)
16:15	Grand Final (team's ranked 1st, 2nd & 3rd, based on single fastest time)
16:25	Award ceremony, prize giving, winner's photo shoot.
16:40	Festival End (dragon boating)
18:30	Land side attractions and rides to close